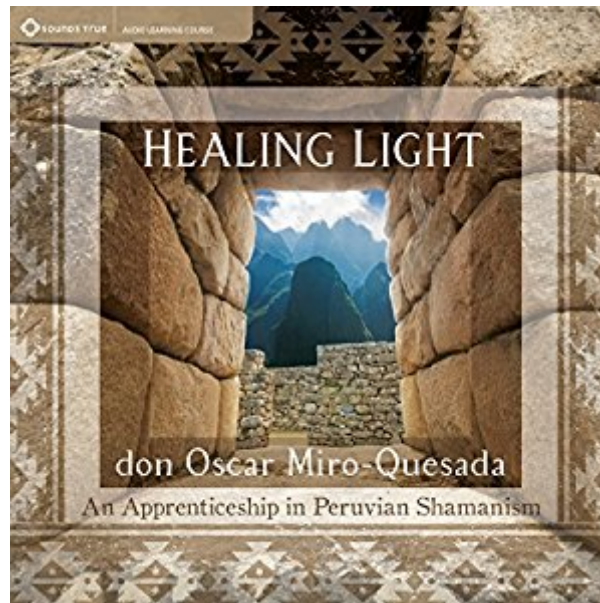


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Healing Light: An Apprenticeship In Peruvian Shamanism



Synopsis

How does one begin upon the shamanic path of healing and wisdom? "At the core of the Pachakuti Mesa tradition," reflects don Oscar Miro-Quesada, emerge four keys: "By doing, we learn. With study, we refine. Through dreaming, we create. And in loving, we fulfill." With *Healing Light*, this respected healer and teacher guides us into the direct teachings, practices, and profound worldview of Peruvian shamanism. In-Depth Learning with a Respected Guide to the Spirituality of "the Heart Island". More than 30 years ago, don Oscar Miro-Quesada was privileged to acquire, practice, and share the teachings of two revered shamanic wisdom holders from the northern coast and southeastern Andes of Peru, don Celso Rojas Palomino and don Benito Corihuaman Vargas. In this full-length audio curriculum, we have the opportunity to honor and partake in this legacy, directly and in the original way, through the spoken word. With don Oscar's personal guidance, listeners are offered singular apprenticeship in: the principles and methods of Peruvian curanderismo; guided shamanic journeys of transformation and healing; empowering rituals; and a treasury of other insights, many shared here with a Western audience for the first time. If you've ever been compelled by the root spirituality of South America, "the Heart Island" - or simply wish to experience more deeply our primordial connection with the natural world - *Healing Light* offers a rare and welcoming invitation to this perennial path of soul wisdom.

Book Information

Audible Audio Edition

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Customer Reviews

First I'll first mention the warmth and presence of don Oscar that comes across through the quality of these recordings. You feel him in the room with you. If you're not familiar with don Oscar's teachings this is a great way to discover them. His service to humanity and Nature is selfless and

authentic, rich with his native Peruvian traditions combined with his personal wit and wisdom sourced from his vast knowledge of world cultures. His teachings, through the Pachakuti Mesa Tradition, offer a path for deepening one's connection to the natural world that is creative, at times mysterious and always from the heart. If you are familiar with don Oscar's teachings I recommend this set to further absorb what you may have experienced so far. The convenience of these sessions is that you can repeat passages in a format designed to make it simple to do so. I 'haylliy' recommend 'Healing Light'.

Quite beautiful, informative, smooth presentation.

I've listened to these teachings twice. Each time heard something new. There is actually more to the apprenticeship to the Shamans heart and life response of healing for self and humanity. These heart teachings are urged for any Shamanic heart life healer. Thank you don Oscar

Each time I listen, I gain more and more wisdom teachings from a true Maestro. In Gratitude.

This program is an extraordinary opportunity to invite a master shaman into your home to lovingly share his lifetime of wisdom studies. Don Oscar serves as our guide along a universal path of the heart through his profound experience of non-ordinary states of consciousness so that we can learn to heal ourselves, one another and our Mother Earth. Where else can we learn to step beyond the illusions of our modern life into the immortal truths of our sacred nature? Oscar Miro-Quesada has been a great gift in my life and I recommend his teachings with infinite gratitude.

Whether you meet don Oscar in person, or if you listen to one of his programs, there is this clarity that he is speaking just to you. His presence as a teacher and wisdom keeper is so personal, genuine and compassionate and even sometimes funny, that you realize that whatever lesson is being spoken, this information is for your personal journey, however you wish to use it. "Healing Light" is a unique opportunity to be able to listen to these teachings, again and again. I am also very impressed with the ability to learn these rituals, and be a part of something bigger, even though I am listening on my own, at home. Each journey I take with Oscar Miro-Quesada has been insightful and transforming. I have dealt with anxiety and panic attacks from PTSD, to the point of being paralyzed. By learning these shamanic arts of the Pachakuti Mesa Tradition, I am more grounded, I love myself more deeply, so that I can love others more deeply, and be of service to our global community.

Thank you for sharing this "Healing Light".

Amazing and useable in daily life. I just started this program. It REALLY is as though you are being taught by a Master Shaman (which he is) and are an apprentice. Today I started Disc One and finished it. I listened twice to get the most out of it. The best part is the aha moments which you will have once you begin the learning. I am not familiar with S American shamanism so this was new to me. I am old and studied with a Harner Institute teacher years ago. It was rewarding but I was not ready to give it my all. Now that I can learn at my own pace and have heard a lot of good things about don Oscar I decided to try to improve my life as I am in need of focus. Today, in one day I realized what has been missing in my life. That is compassion and healing for others and the planet which is integral to this program. The items I needed to start I had around the house. A shell, a feather, a rock, a candle, and a small momento which is important to me . (not mentioned here because it is private). I am ready to start tomorrow and begin again to bring healing to my life and those around me. Thank you don Oscar for this work. I will update this as I make more progress and learn from this fun and practical course.

I studied with Don Oscar for many years receiving the powerful understanding and heart/mind opening that he so generously shares. With the deepest gratitude I can express, I have truly shifted to hold a new paradigm about life with Oscar's loving and expert facilitation. Learning to hold a vision in the midst of an unsettled environment through growth within was just one of many very valuable gifts he has bestowed upon me. Additionally, clarity and connection to all aspects of the unseen world and the elements as well as Mother Earth are more blessings received. Flowing through life rather than fighting a current would be another way to describe the result of his teaching. I'm thrilled he is offering this to the world. Enjoy.

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